

Dear student,

This document is your theoretical class study schedule for the year.

Using this document is essential to:

- Prepare for class
- Participate in class
- Revision before assessment
- Preparation for assessment

You will find the following information each week

- 1) The subject and module being covered
- 2) The learning objectives
- 3) The level of tuition (see schematic to illustrate various levels of tuition and their meaning)
- 4) The number of periods allocated to each module
- 5) Resources
- 6) Simulation week activities
- 7) Reflective activities

As a student at the College, you will experience a student-centred approach to teaching and learning. What does this mean?

A student-centred approach refers to Teaching learning and assessment activities designed to create an opportunity for students to oversee their learning experience. The educators' students will engage with are subject specialist and have the knowledge and skill to *facilitate* the learning process and not merely *teach* the process. Thus, student is responsible for their own learning. This responsibility entails:

- Prepare for class before attendance by reading through the prescribed textbooks or completing pre-class activities
- Attend class according to your schedule – whether it is a face-face or a virtual class
- Participate in class through, discussion, cooperative activities and other exciting classroom activities
- Review the work covered in class by completing post-class activities and summaries
- Prepare for assessments utilising the provided resources.

To further support your theoretical development, you will be allocated specific days during your clinical block for Self-directed learning activities (SDL). These activities are aimed at giving you and opportunity to gain deeper knowledge and understanding. These activities are self-directed; thus, it means you direct where and how you will complete them. As these activities are planned during your clinical block, the Clinical Training Specialist (CTS) will allocate a day to SDL, and you can attend at the college or at home or in a library. **NB** - There will be participation marks attached to completing these activities and not participating and completing - SDL activities could have a negative impact on your formative assessment results and exam entry.

As a college, we are very focussed on Cooperative learning. In simple terms this would relate to group work, in class and in clinical practice. Why is cooperative learning important? Research has shown that students perform best when they interact with other students to reach specific learning goals. All students in a cooperative group needs to be invested in their own learning as well as the learning of other students.

Your class Guardian (Educator overseeing the group's progress and administration) is your point of reference for questions or clarification.

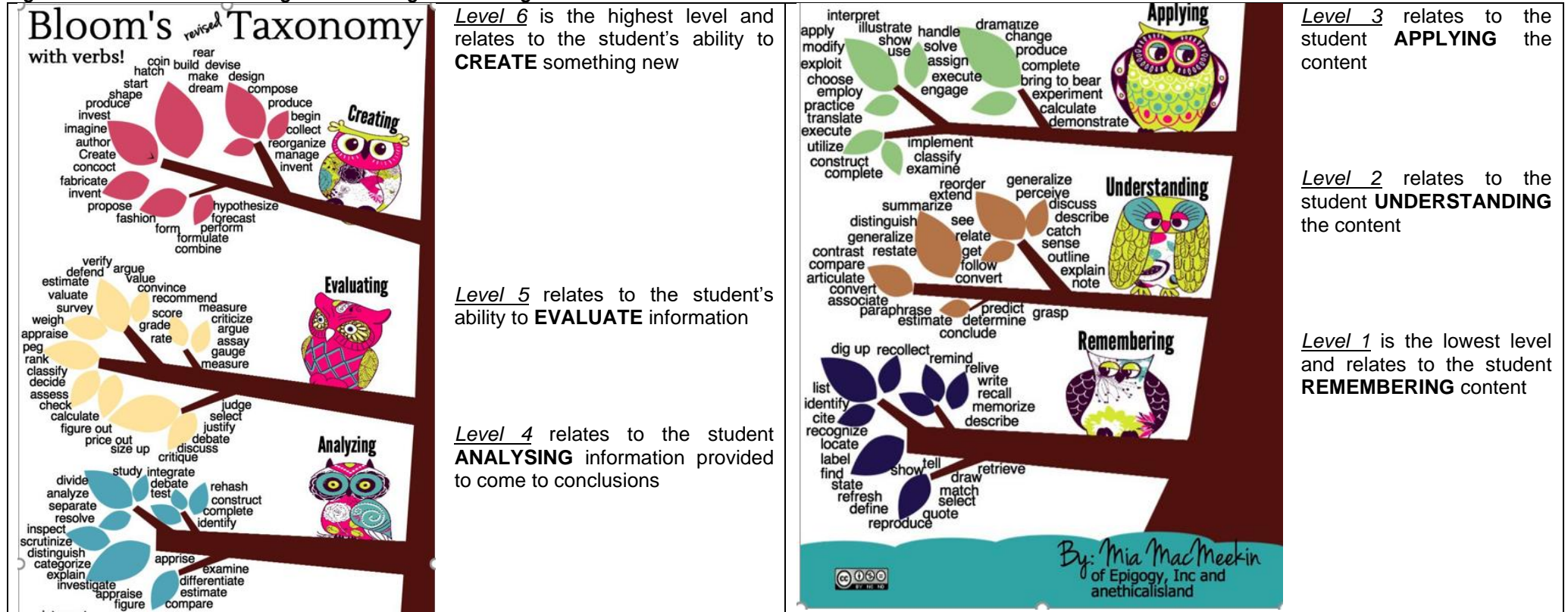
You can also make use of the Learner Management System, Moodle to post questions in the discussion forums, for the subject specialist to answer them.

**DIPLOMA IN GENERAL NURSING R171 – 1ST YEAR
STUDY SCHEDULE 2025**

Moodle is our teaching and learning as well as online assessment forum. In this study schedule you will be informed which modules are facilitated through our online meeting platform, Teams as well as resources and activities you would need to complete on Moodle for pre-class and post-class activities.

The levels of tuition (Bloom's) you will find in the study schedule, relates to the cognitive levels the content is delivered and learnt (see figure 1)

Figure 1 – Bloom's Levels of cognitive teaching and learning



When you see these levels in the study schedule or in your clinical facilitation plan – it is an indication of the level of thinking and learning you should apply when studying the content. It is important to understand that we use the Constructivist approach – thus building on learnt knowledge to reach a next level of learning. This means that even though content is covered and assessed on a level 2 – it is expected that the student will retain that information in the next year of study as educators will not start at the lower levels again when referring to previous content.

**DIPLOMA IN GENERAL NURSING R171 – 1ST YEAR
STUDY SCHEDULE 2025**

Induction (week 1): 3 - 7 February				
Day	Learning Outcomes	Periods	Responsible person	Resources
Monday	Welcome and introduction to staff and SRC Orientation to the programme <ul style="list-style-type: none"> • Education plan • Module guides • Study schedule • Assessment schedule • Documentation • LCL Induction booklet – Policies and procedures 	7	LC team NED	
Tuesday	<ul style="list-style-type: none"> • Gateway: locally – 8h00 – 9h00 • Moodle Training: Nationally 9h00 – 10h0 • Primal Pictures: Nationally 10h00 – 11h00 • Employee Wellness 11h30 – 12h30 • Ebscohost orientation: Nationally 13h30 – 14h30 • Turnitin: Nationally 14h30 – 15h30 	1 1 1 1 1 1	NED Dora Nathier EHS PM PM	Voice over PowerPoint – Orientation to Gateway Computer room Own Laptop/ smartphone/ tablet
Wednesday	Study skills workshop <ul style="list-style-type: none"> • Why are study skills important? • Note Taking • Time Management • Library skills and referencing Assignment layout and technical organisation – Student declaration	1 1 1 1 2	Self/NED Self/NED Self/NED Self/NED NED	Own laptop – Log on to Moodle, access the Study skills workshop and complete these activities (Self-directed learning) Own Laptop/ smartphone/ tablet on Moodle
Thursday	Digital Literacy Training <ul style="list-style-type: none"> • Moodle Literacy • Microsoft Teams Reflection	2 2 3	Self/NED Self/NED NED	Own Laptop/ smartphone/ tablet on Moodle Own Laptop/ smartphone/ tablet on Moodle
Friday	Student fun day: Meet the senior students <ul style="list-style-type: none"> • Being a student • How to manage self-directed learning (SDL) • Importance of class preparation – Using Moodle 	6	SRC	Dress comfortably
	Reflection Reflect on the experience this week. Use Rolf's reflective model to identify positive and negative experiences	1	Self	Reflective journal

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Theory Block 1 (week 2): 10 - 14 February General Nursing Science (GNS)			
Day	Learning Outcomes	Blooms	Periods
Monday - Friday	LO 1.1 The student shall be able to demonstrate knowledge of terms, concepts, principles, rules and basic skills of nursing practice Topical Talk (LHS) Managing performance remotely	2-3	33
Reflection: 2 hours (see module guide)			

Theory Block 1 (week 3): 17 – 21 Feb Biological and Natural Science – Anatomy and Physiology			
Day	Learning Outcomes	Blooms	Periods
Monday – Friday	LO 1: Apply understanding of the anatomy and bio-physical functioning of the human body in daily nursing care of patients of different age groups with different health conditions LO 2: Apply understanding of normal physiological, biochemical, and biophysical functioning of all body systems SLO 1.1, 1.2, 1.3, 1.4, 1.5 and 1.6	2-3	23
	Self-directed learning ALL pre-class activities have to be completed before the class starts as per module guide	2-3	9
Reflection: 4 hours (see module guide)			

Simulation Block 1 (week 4): 24 – 28 February Simulation					
Day	Learning Outcomes	Blooms	Periods	Integration	Resources
Monday	1.1.3 Nursing theories continue Orientation: Work Integrated Assessment book and Standard Guidelines Clinical facilitation plan	2-3	2 3	All subjects	
Monday - Tuesday	Simulation demonstration and practice Skills assessments (see module guide)		10		NUR-POL-GEN-001 Patient identification
Wednesday	GNS SDL (see GNS Module Guide)		8	All subjects	
Thursday	Hospital etiquette workshop FNP LO 6.1 Professionalism (see FNP Module guide)	2-3	7	All subjects	Presentation by REM
Friday	Cooperative learning (8h30 – 9h30) SRC Voting at LC	3	1 1	All subjects	NED Presentation
	CIP project - needs analysis for projects	2-3	4		
	Study skills Access the study skills workshop on Moodle and complete the following topics: • Critical and creative thinking		1	All subjects	Own laptop

Clinical block 1 (week 5 - 7): 3 - 21 March Please refer to your Standard Clinical Facilitation plan for clinical learning. The below Self-directed activities should be completed at home/learning centre/library – you will need to provide proof to your NED/CTS that you have completed the work			
Date	Self-directed activity	Blooms	Periods
w/o 3 March	Hospital Induction Follow the induction plan at your allocated hospital		42

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Clinical block 1 (week 5 - 7): 3 - 21 March			
Please refer to your Standard Clinical Facilitation plan for clinical learning. The below Self-directed activities should be completed at home/learning centre/library – you will need to provide proof to your NED/CTS that you have completed the work			
Date	Self-directed activity	Blooms	Periods
	NB – To complete the Privacy training on Moodle (FNP LO 6.1) • Submit the completion certificate to your NED		
w/o 10 March	GNS SDL (see GNS Module guide)	2-3	10
	Computer skills Access the Digital literacy course on Moodle and complete the following topic • Microsoft word	3	2
Friday 21 March PH	GNS SDL (see GNS Module Guide)	2-4	5
	BNS SDL All post class activities have to be completed by 21 March BNS Participation activity completed	2-3	5
	Study Skills Workshop Access the study skills workshop on Moodle and complete the following topics • Writing a test • Memory	3	2

Assessment week 1 (week 8): 24 - 28 March	
Day	Learning Outcomes
Monday	
Tuesday	GNS Test 1 (online)
Wednesday	BNS PoE Part 1
Thursday	Hand in BNS PoE Part 1
Friday	FNP Assignment 1

Theory Block 2 (week 9): 31 March – 4 April			
Foundations of Nursing Practice - Ethics in Nursing			
Day	Learning Outcomes	Blooms	Periods
Monday	Professionalism		1
Monday	LO 1: The student shall be able to demonstrate knowledge of the history of nursing and professional organisation	2-3	6
Tuesday	Continue with LO 1	2-3	1
	LO 2: The student shall be able to apply understanding of the prescribed organisational and professional ethical codes of conduct, values and practices and apply in own practice	2-3	6
Wednesday	Continue with LO 2	2-3	6
	LO 3: The student shall be able to demonstrate understanding of the relevant legislation, regulations, and policies when providing nursing care	2-3	1
Thursday	Continue LO 3	2 - 3	7
Friday	LO 4: The student shall be able to demonstrate effective skills in use of the computer and internet in literature searches	2-3	6
Reflection – 1 hour (see module guide)			
Complete all Participation activities on Moodle by 4 April: LO 5.1 + 2.4 + 2.5 + 3.1 + 4.1			

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Theory Block 2 (week 10): 7 – 11 April General Nursing Care			
Day	Learning Outcomes	Blooms	Periods
Monday - Thursday	SLO 1.1 The student shall be able to demonstrate knowledge of terms, concepts, principles, rules and basic skills of nursing practice	2-3	24
Thursday	SLO 1.3 The student shall be able to demonstrate competence in meeting the patients' needs as per the activities of daily living (ADL)	2-3	4
Friday	Simulated demonstrations and practice	2-3	7

Theory Block 2 (week 11): 14 - 18 April PH 18 April General Nursing Care + Simulation			
Day	Learning Outcomes	Blooms	Periods
Monday - Wednesday	Continue SLO 1.3	2-3	14
Tuesday	Simulation demonstration and practice Topical Talk (LHC) Healthy Lifestyle	2-3	4
Thursday	CIP Project (see GNS Module guide)	3	4
	Study Skills Workshop Access the study skills workshop on Moodle and complete the following topics <ul style="list-style-type: none"> Concentration Motivation 	3	2
Friday PH	GNS SDL (see GNS Module Guide)	2-3	10

Theory Block 2 (week 12): 21 - 25 April PH 21 April General Nursing Science (GNS) + Simulation			
Day	Learning Outcomes	Blooms	Periods
Monday PH	Reflection (see module guide)		4
Tuesday - Friday	LO 1.3 The student shall be able to demonstrate competence in meeting the patients' needs as per the activities of daily living (ADL) Feeding and nutrition	2-3	22
	Simulation demonstration and practice Caring for Patients with enteral tube Feeding a baby	3	6
Wednesday	Topical Talk (LHS) Grief and Loss		
Friday	GNS Participation activity for SLO 1.3.2 completed by today		

Theory Block 2 (week 13): 28 April – 2 May 28 April and 1 May PH Applied Social Sciences			
Day	Learning Outcomes	Blooms	Periods
Monday PH	Reflection (see APS module guide)	4	1
	Self-directed learning (see module guide)		5
Tuesday - Wednesday	LO 1: The student will demonstrate an understanding of social growth and development to establish a basis for psycho-social sensitive care.	2-3	5
	LO 2: The student will be able to provide nursing care that encompasses principles of reflection, culturally sensitive communication to provide a conducive and stress-free environment for patients, family and fraternity, from birth to dying.	2-3	10
Thursday PH	Self-directed learning (see module guide)		5
Friday	Self-directed Simulation Communication In your hospital groups – conduct the interviews for the APS patient presentation	3	8

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Assessment week 2 (week 14): 5 - 9 May	
Monday	GNS Test 2 (written)
Tuesday	APS Test 1 GNS & APS Integrated Assignment
Wednesday	GNS Integrated Assignment
Thursday	
Friday	FNP Test 1
	FNP SDL 5 hours (all FNP participation activities completed by 9 May)

Clinical block 2 (week 15 - 16): 12 – 23 May			
Please refer to your Standard Clinical Facilitation plan for clinical learning.			
The below Self-directed activities should be completed at home/learning centre/library – you will need to provide proof to your NED/CTS that you have completed the work			
Date	Self-directed activity	Blooms	Periods
Monday 12 May	GNS SDL (see GNS module guide)	2-3	5
	Self-directed learning – APS Teams' presentation: Patient interview	2-3	5
	Study skills: Access the study skills workshop on Moodle and complete the following topics <ul style="list-style-type: none"> • Writing • Reading 	3	2
w/o 19 May	GNS SDL (see GNS module guide)	2-3	5
	APS SDL (see APS Module guide)	3	5
	Computer skills: Access the Digital literacy course on Moodle and complete the following topic <ul style="list-style-type: none"> • Microsoft Power Point 	3	2
	Receive APS exam assignment from your educator – due date for handing on 6 June		

REVISION WEEK (week 17) 26 - 30 May

Topical Talk (LHS) Tips on keeping your energy levels up

Summative assessment week: 2 - 6 June	
Day	Assessment
Monday	GNS Exam
Tuesday	
Wednesday	FNP Exam
Thursday	
Friday	APS Exam Assignment submission

Annual leave 9 - 22 June

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SEMESTER 2 COMMENCES 7 JULY

Clinical block 3 (weeks 18 - 19): 23 June – 4 July			
Please refer to your Standard Clinical Facilitation plan for clinical learning.			
The below Self-directed activities should be completed at home/learning centre/library – you will need to provide proof to your NED/CTS that you have completed the work			
Date	Self-directed activity	Blooms	Periods
w/o 23 June	CIP project Re-exams in this week		6
w/o 30 June	No SDL		

Theory Block 3 (week 20): 7 - 11 July			
General Nursing Science – Infection Prevention and Risk management			
Day	Learning Outcomes	Blooms	Periods
Monday - Tuesday	Professionalism		1
	LO 2.1: The student shall demonstrate understanding of the principles of infection prevention and basic control measures	2-3	13
Wednesday	LO 2.2: The student shall demonstrate understanding of the nurse's role in ensuring a risk-free nursing environment.	2-3	7
Thursday - Friday	LO 1.2: The student shall be able to apply the scientific nursing process in nursing practice	2-3	13
Reflection – 1 hours (see module guide)			

Theory Block 3 (week 21): 14 - 18 July			
Foundations of Nursing Practice			
Day	Learning Outcomes	Blooms	Periods
Monday - Tuesday	LO 5: The student shall be able to apply understanding of health information management and specifically the application of legal record keeping principles when completing patient documentation	2-3	4
	LO 6: The student shall be able to apply understanding of professional behaviour and attitude and seek appropriate guidance in managing	2-3	3
Wednesday - Thursday	LO 7: The student shall be able to demonstrate good teamwork, interpersonal abilities and take responsibility for own decisions and actions within a team	2-4	5
Friday	LO 8: The student shall be able to demonstrate knowledge of research methodology	2	2
	Self-directed learning (see module guide) All participation activities completed by today	3-4	4
Reflection – 2 hours			

Theory Block 3 (week 22): 21 - 25 July			
General Nursing Science (GNS) + Simulation			
Day	Learning Outcomes	Blooms	Periods
Monday - Friday	LO 1.4: The student shall be able to perform a comprehensive health assessment of an individual of any age group in different healthcare settings	2 - 3	22
Monday - Thursday	Simulation demonstration and Practice	3	11
Friday	Reflection (see module guide) Participation activities for 1.4.1 – 1.4.5 completed by today		2

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Theory Block 3 (week 23): 28 July – 1 August General Nursing Science (GNS) + Simulation			
Day	Learning Outcomes	Blooms	Periods
Monday	Continue SLO 1.4.3	2-3	4
	Self-directed learning (see GNS module guide)		3
Tuesday - Thursday	Simulation demonstration and Practice	3	7
Wednesday	Simulation Skills assessments (OSCE)	3	7
Friday	GNS SDL (see GNS Module Guide)	3	2
	FNP SDL (see FNP module guide)	3	4

Assessment week 3 (week 24): 4 – 8 August			
Day	Learning Outcomes		
Monday	GNS T1		
Tuesday			
Wednesday	FNP T1		
Thursday	FNP Assignment 1		
Friday	Student symposium		

Clinical block 4 (weeks 25 – 26): 11 – 22 August			
Please refer to your Standard Clinical Facilitation plan for clinical learning.			
The below Self-directed activities should be completed at home/learning centre/library – you will need to provide proof to your NED/CTS that you have completed the work			
Date	Self-directed activity	Blooms	Periods
w/o 11 August	Self-directed learning – GNS (see module guide)	2-3	10
	CIP project – final presentation and assessment	3	8
w/o 18 August	Self-directed learning – GNS (see module guide)	2-3	10

Theory Block 4 (week 27): 25 – 29 August Biological and Natural Sciences			
Day	Learning Outcomes	Blooms	Periods
Monday - Friday	LO 1: Apply understanding of the anatomy and bio-physical functioning of the human body in daily nursing care of patients of different age groups with different health conditions LO 2: Apply understanding of normal physiological, biochemical, and biophysical functioning of all body systems • Musculo-skeletal system (7)	2-3	31
	Self-directed learning (see BNS Module guide)		4

Theory Block 4 (week 28): 1 – 5 September Biological and Natural Sciences + General Nursing Science			
Day	Learning Outcomes	Blooms	Periods
Monday - Thursday	LO 1: Apply understanding of the anatomy and bio-physical functioning of the human body in daily nursing care of patients of different age groups with different health conditions LO 2: Apply understanding of normal physiological, biochemical, and biophysical functioning of all body system	2-3	15
	Self-directed learning (see BNS module guide)		11
	Reflection (see module guide)		2
Thursday	ALL BNS Pre-class activities completed by today	2-3	2

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Theory Block 4 (week 28): 1 – 5 September Biological and Natural Sciences + General Nursing Science			
Day	Learning Outcomes	Blooms	Periods
Friday	GNS LO 1.4: The student shall be able to perform a comprehensive health assessment of an individual of any age group in different healthcare settings	2-3	7

Theory Block 4 (week 29): 8 – 12 September General Nursing Science			
Day	Learning Outcomes	Blooms	Periods
Monday	LO 1.4: The student shall be able to perform a comprehensive health assessment of an individual of any age group in different healthcare settings <i>Participation activities for 1.4.6 completed by today</i>	2-3	7
Tuesday	Simulation demonstration and practice	2-3	7
Wednesday - Friday	LO 1.2: The student shall be able to demonstrate understanding of the scientific nursing process and its application in nursing practice		18
Reflection – 2 hours			

Theory Block 4 (week 30): 15 – 16 September Simulation and			
Day	Learning Outcomes	Blooms	Periods
Monday - Tuesday	Simulation demonstration and practice		10
Assessment week 4 (17 – 19 September)			
Wednesday	GNS Case study		
Thursday	BNS post-class quizzes completed by today		
Friday	GNS T2		

Theory Block 4 (week 31): 22 – 26 September Pharmacology			
Day	Learning Outcomes	Blooms	Periods
Monday - Thursday	Self-directed activities (see module Guide)	2	1
	LO 1: The student shall be able to demonstrate understanding of pharmacodynamics and pharmacokinetics of various medication classifications in daily administration of patient medication	2	16
Wednesday PH	Self-directed activities (see module guide)	2	8
Thursday	LO 2: The student shall be able to demonstrate knowledge of the legal, professional and ethical responsibilities related to the administration of patient medication	2-3	4
Friday	LO 3: The student shall be able to demonstrate understanding of pain and pain management		7
ALL Pharmacology pre-class activities completed by 26 September			

Clinical block 5 (week 31 - 35): 29 September – 24 October			
Please refer to your Standard Clinical Facilitation plan for clinical learning. The below Self-directed activities should be completed at home/learning centre/library – you will need to provide proof to your NED/CTS that you have completed the work			
Date	Self-directed activity	Blooms	Periods
w/o 29 September	GNS SDL (see module guide)	2-4	10
All pharmacology post-class activities completed by 3 October			
w/o 6 October	GNS SDL (see module guide)	2-4	10

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w/o 13 October	GNS SDL (see module guide)	2-4	6
w/o 20 October	No SDL BNS PoE Part 2 submitted via Turnitin by 24 October @16h00		

REVISION WEEK (Week 36) 27 - 31 October

Topical Talk (LHS) Power of Positive thinking

Summative assessment week: 3 - 7 November	
Day	Learning Outcomes
Monday	GNS Exam
Tuesday	
Wednesday	FNP oral presentations
Thursday	
Friday	Pharmacology exam

Clinical block 7 (weeks 37 - 41): 10 November – 14 December	
Please refer to your Standard Clinical Facilitation plan for clinical learning. The below Self-directed activities should be completed at home/learning centre/library – you will need to provide proof to your NED/CTS that you have completed the work	
Date	Self-directed activity
w/o 10 November	No SDL Prepare for OSCE
Clinical exam week w/o 17 November	
OSCE 9 hours Experiential learning = 33 hours.	
w/o 24 November	Re-exams in this week
w/o 1 December	No SDL
w/o 8 December	Complete outstanding clinical outcomes

**ANNUAL LEAVE
15 - 28 December**

Role Taking (weeks 42 - 44): 29 December – 18 January 2025	
Take responsibility for activities delegated to you by the UM/Shift-leader – participate in unit activities and routine as part of the nursing team.	

Diploma 2nd year commences 19 January 2026