

R171 Diploma in Nursing/ R169 Certificate in Auxiliary Nursing

Worksheet: Learning Outcome 4

Life Healthcare College

EVIDENCE-BASED PRACTICE(EBP)

1. Definition and Understanding:

- What does "evidence-based practice" mean to you in the context of nursing?
- How would you explain the importance of evidence-based practice in nursing care to a patient or family member?

2. Accessing Evidence:

- Where would you go to find reliable evidence to inform your nursing practice?
- What types of sources would you consider credible for evidence-based practice in nursing?

3. Critical Appraisal:

- How do you determine the credibility and reliability of research studies or articles related to nursing practice?
- What criteria do you use to critically appraise evidence before applying it to patient care?

4. Integration into Practice:

- Can you provide an example of how you have applied evidence-based practice principles in a clinical setting or simulation scenario?
- How do you ensure that evidence-based interventions align with the unique needs and preferences of individual patients?

5. Barriers and Challenges:

- What are some common barriers or challenges to implementing evidence-based practice in nursing care?
- How would you address resistance to change or skepticism from colleagues regarding the adoption of evidence-based practices?

6. Continuous Improvement:

- Describe your approach to staying updated with the latest evidence and best practices in nursing.
- How do you contribute to a culture of continuous quality improvement and evidence-based practice within your nursing team or organization?

7. Ethical Considerations:

- How do you ensure that ethical principles, patient values, and cultural considerations are integrated into evidence-based decision-making?

- Can you discuss a scenario where ethical dilemmas intersected with evidence-based practice, and how you navigated this situation?

8. Patient Education and Empowerment:

- How do you involve patients and their families in the shared decision-making process based on evidence-based information?
- What strategies would you use to effectively communicate complex evidence-based information to patients with varying health literacy levels?

9. Reflection and Self-Improvement:

- Reflecting on your experiences so far, what aspects of evidence-based practice do you feel confident in, and where do you see opportunities for growth?
- How do you plan to further develop your skills in evidence-based practice throughout your nursing education and career?

10. Role of Nursing Leadership:

- What role do nursing leaders play in promoting and sustaining evidence-based practice within healthcare settings?
- How can nurses at different levels of experience advocate for the integration of evidence-based practices in their workplace?

LITERATURE REVIEW

1. Purpose of Review:

- What is the primary purpose of conducting a literature review in research, and why is it considered a crucial step in the research process?

2. Types of Information Sources:

- What are the different types of information sources that researchers can utilize when conducting a literature review, and how do they contribute to the review process?

3. Primary and Secondary Sources:

- Differentiate between primary and secondary sources of information in the context of a literature review. How do researchers use each type of source to support their review?

4. Accessing Literature:

- What are the main methods researchers use to access literature for a review, and what considerations should they keep in mind when selecting sources?

5. Process/Steps for Writing Up a Literature Review:

- Outline the typical process or steps involved in writing up a literature review in research. How does each step contribute to the development of a comprehensive review?